GRILL SKILL

VEGETABLES AND PLANT-BASED BARBECUING GUIDE



The following cuts, thicknesses, weights and barbecuing times are meant to be guidelines rather than rules. Cooking times and temperatures are affected by factors such as altitude, wind, outside temperature, how much food you are cooking and how well done you like your food.

Direct cooking: Grill tender fruits like berries, or thin slices using the direct method for the time given on the chart, turning once, halfway through cooking.

Indirect cooking: Roast whole fruits like apples, pineapples or other thicker cuts using the indirect method. There is no need to turn the food.

Asparagus	ТҮРЕ	THICKNESS/ WEIGHT	APPROXIMATE COOKING TIME	BBQ TEMP GUIDE
Broccolin 3 cm florets 30 minutes roast/indirect medium heat (190 - 230°C) Broccolini 1 cm 6 minutes grill/direct medium heat (200 - 230°C) Capsicum whole 10 - 12 minutes grill/direct medium heat (200 - 230°C) Carrot 2.5 cm diameter 45 - 55 minutes roast/indirect medium heat (190 - 230°C) Carrot, baby 1 cm 40 minutes grill/direct medium heat (190 - 230°C) Cauliflower 3 cm florets 30 minutes roast/indirect medium heat (200 - 230°C) Cauliflower 3 cm florets 30 minutes grill/direct medium heat (200 - 230°C) Whole 90 minutes grill/direct medium heat (200 - 230°C) Chilli Whole 3 - 5 minutes grill/direct medium heat (200 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Garlic whole 8 - 10 minutes grill/direct medium heat (200 - 230°C)	Asparagus	1 cm diameter	4 minutes grill/direct medium heat	(200 - 230°C)
Broccolini 1 cm 6 minutes grill/direct medium heat (200 - 230°C) Capsicum whole 10 - 12 minutes grill/direct high heat (230 - 260°C) Carrot 2.5 cm diameter 45 - 55 minutes grill/direct medium heat (200 - 230°C) Carrot, baby 1 cm 40 minutes roast/indirect medium heat (190 - 230°C) Cauliflower 3 cm florets 30 minutes roast/indirect medium heat (190 - 230°C) Chilli Whole 90 minutes roast/indirect medium heat (190 - 230°C) Chrilli Whole 90 minutes roast/indirect medium heat (200 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C)	Beetroot	whole whole	1 - 1½ hours roast/indirect medium heat	(190 - 230°C)
Capsicum whole 10 - 12 minutes grill/direct high heat (230 - 260°C) Carrot 2.5 cm diameter 45 - 55 minutes roast/indirect medium heat (200 - 230°C) Carrot, baby 1 cm 40 minutes roast/indirect medium heat (190 - 230°C) Cauliflower 2 cm steaks 1.6 - 20 minutes grill/direct medium heat (190 - 230°C) Cauliflower 3 cm florets 30 minutes roast/indirect medium heat (190 - 230°C) Whole 90 minutes roast/indirect medium heat (190 - 230°C) Chilli Whole 3 - 5 minutes grill/direct medium heat (200 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230	Broccoli	3 cm florets	30 minutes roast/indirect medium heat	(190 - 230°C)
Capsicum Halved or quartered 6 - 8 minutes grill/direct medium heat (200 - 230°C) Carrot 2.5 cm diameter 45 - 55 minutes roast/indirect medium heat (190 - 230°C) Carrot, baby 1 cm 40 minutes grill/direct medium heat (190 - 230°C) Cauliflower 2 cm steaks 16 - 20 minutes grill/direct medium heat (200 - 230°C) Whole 90 minutes roast/indirect medium heat (190 - 230°C) Chilli Whole 3 - 5 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat	Broccolini	1 cm	6 minutes grill/direct medium heat	(200 - 230°C)
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Carrot, baby 1 cm 40 minutes roast/indirect medium heat (190 - 230°C) Cauliflower 2 cm steaks 16-20 minutes grill/direct medium heat (200 - 230°C) Chilli Whole 90 minutes roast/indirect medium heat (190 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct medium heat (200 - 230°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Plant-based 8 - 12 minutes grill/direct medium heat (200 - 230	Lapsicum	Halved or quartered	6 - 8 minutes grill/direct medium heat	(200 - 230°C)
Cauliflower 2 cm steaks 16-20 minutes grill/direct medium heat (200-230°C) Cauliflower 3 cm florets 30 minutes roast/indirect medium heat (190-230°C) Chilli Whole 90 minutes roast/indirect medium heat (190-230°C) Corn, husked Whole 10-15 minutes grill/direct medium heat (200-230°C) Eggplant 1 cm slices 6-8 minutes grill/direct medium heat (200-230°C) Fennel quartered 5-6 minutes grill/direct medium heat (200-230°C) Garlic whole 40-50 minutes grill/direct medium heat (200-230°C) Halloumi 1 cm thick slice 2-3 minutes grill/direct medium-high heat (200-230°C) Leek halved 8-10 minutes grill/direct medium heat (200-230°C) Mushroom, button or shiitake whole 8-10 minutes grill/direct medium heat (200-230°C) Mushroom, portobello whole whole 8-10 minutes grill/direct medium heat (200-230°C) Mushroom, portobello whole 8-12 minutes grill/direct medium heat (200-230°C) Potato-based Patties, 2 cm thick 8-12 minutes grill/direct medium heat (200	Carrot	2.5 cm diameter	45 - 55 minutes roast/indirect medium heat	(190 - 230°C)
Cauliflower 3 cm florets 30 minutes roast/indirect medium heat (190 - 230°C) Chilli Whole 90 minutes roast/indirect medium heat (190 - 230°C) Chilli Whole 3 - 5 minutes grill/direct medium heat (200 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct high heat (230 - 260°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (200 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole 8 - 12 minutes grill/direct medium heat (200 - 230°C) Plant-based 3 - 40 minutes grill/direct medium heat (200 - 230°C) <td>Carrot, baby</td> <td>1 cm</td> <td>40 minutes roast/indirect medium heat</td> <td>(190 - 230°C)</td>	Carrot, baby	1 cm	40 minutes roast/indirect medium heat	(190 - 230°C)
Whole		2 cm steaks	16-20 minutes grill/direct medium heat	(200 - 230°C)
Chilli Whole 3 - 5 minutes grill/direct medium heat (200 - 230°C) Corn, husked Whole 10 - 15 minutes grill/direct high heat (230 - 260°C) Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes grill/direct medium heat (190 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium-heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium-heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 12 minutes grill/direct medium heat (200 - 230°C) Plant-based 35 - 40 minutes roast/indirect medium heat (200 - 230°C) Plant-based 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 -	Cauliflower	3 cm florets	30 minutes roast/indirect medium heat	(190 - 230°C)
Corn, husked Whole 10-15 minutes grill/direct high heat (230-260°C) Eggplant 1 cm slices 6 · 8 minutes grill/direct medium heat (200-230°C) Fennel quartered 5 · 6 minutes grill/direct medium heat (200-230°C) Garlic whole 40 · 50 minutes roast/indirect medium heat (190-230°C) Halloumi 1 cm thick slice 2 · 3 minutes grill/direct medium heat (200-230°C) Leek halved 8 · 10 minutes grill/direct medium heat (200-230°C) Mushroom, button or shiitake whole 8 · 10 minutes grill/direct medium heat (200-230°C) Mushroom, portobello whole whole 8 · 10 minutes grill/direct medium heat (200-230°C) Mushroom, portobello whole whole 8 · 12 minutes grill/direct medium heat (190-230°C) Mushroom, portobello whole whole 8 · 12 minutes grill/direct medium heat (200-230°C) Mushroom, portobello whole whole 8 · 12 minutes grill/direct medium heat (200-230°C) Plant-based 35 · 40 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 · 40 minutes grill/direct me		Whole	90 minutes roast/indirect medium heat	(190 - 230°C)
Eggplant 1 cm slices 6 - 8 minutes grill/direct medium heat (200 - 230°C) Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes roast/indirect medium heat (190 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium-high heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 3 - 40 minutes grill/direct medium heat (190 - 230°C) Onion 1 cm 8 - 12 minutes grill/direct medium heat (200 - 230°C) Plant-based 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato halved 30 - 40 minutes grill/direct medium heat (190 - 230°C) Potato 4 cm cubes (or quarters) 45 mins - 1 hour roast/ind	Chilli	Whole	3 - 5 minutes grill/direct medium heat	(200 - 230°C)
Fennel quartered 5 - 6 minutes grill/direct medium heat (200 - 230°C) Garlic whole 40 - 50 minutes roast/indirect medium heat (190 - 230°C) Halloumi 1 cm thick slice 2 - 3 minutes grill/direct medium-high heat (200 - 230°C) Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 3 - 40 minutes grill/direct medium heat (190 - 230°C) Onion 1 cm 8 - 12 minutes grill/direct medium heat (200 - 230°C) Plant-based Patties, 2 cm thick 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato halved 30 - 40 minutes grill/direct medium heat (190 - 230°C) Potato 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat (190 - 230°C) Pumpkin 7 mm thick sli	Corn, husked	Whole	10 - 15 minutes grill/direct high heat	(230 - 260°C)
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Halloumi	Fennel	quartered	5 - 6 minutes grill/direct medium heat	(200 - 230°C)
Leek halved 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Onion halved 35 - 40 minutes roast/indirect medium heat (190 - 230°C) 1 cm 8 - 12 minutes grill/direct medium heat with a hotplate (200 - 230°C) Plant-based Patties, 2 cm thick 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato whole 1 - 1½ hour roast/indirect medium heat (190 - 230°C) Potato 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat (190 - 230°C) Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat (190 - 230°C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230°C)	Garlic	whole	40 - 50 minutes roast/indirect medium heat	(190 - 230°C)
Mushroom, button or shiitake whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Onion halved 35 - 40 minutes roast/indirect medium heat (190 - 230°C) 1 cm 8 - 12 minutes grill/direct medium heat with a hotplate (200 - 230°C) Plant-based Patties, 2 cm thick 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato, baby whole 1 - 1½ hour roast/indirect medium heat (190 - 230°C) Potato 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat (190 - 230°C) Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin, butternut halved 30 - 45 minutes roast/indirect medium heat (190 - 230°C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230°C)	Halloumi	1 cm thick slice	2 - 3 minutes grill/direct medium-high heat	(200 - 230°C)
Mushroom, portobello whole whole 8 - 10 minutes grill/direct medium heat (200 - 230°C) Onion halved 35 - 40 minutes roast/indirect medium heat (190 - 230°C) 1 cm 8 - 12 minutes grill/direct medium heat with a hotplate (200 - 230°C) Plant-based Patties, 2 cm thick 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato whole 1 - 1½ hour roast/indirect medium heat (190 - 230°C) 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat (190 - 230°C) 1 cm slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat (190 - 230°C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230°C)	Leek	halved	8 - 10 minutes grill/direct medium heat	(200 - 230°C)
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Onion 1 cm 8 - 12 minutes grill/direct medium heat with a hotplate (200 - 230°C) Plant-based Patties, 2 cm thick 8 - 12 minutes grill/direct medium heat (200 - 230°C) Potato, baby halved 30 - 40 minutes roast/indirect medium heat (190 - 230°C) Potato whole 1 - 1½ hour roast/indirect medium heat (190 - 230°C) 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat (190 - 230°C) 1 cm slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat (200 - 230°C) Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat (190 - 230°C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230°C)	Mushroom, portobello whole	whole	8 - 10 minutes grill/direct medium heat	(200 - 230°C)
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Plant-based Sausages 3 cm thick 8 - 12 minutes grill/direct medium heat [200 - 230°C] Potato, baby halved 30 - 40 minutes roast/indirect medium heat [190 - 230°C] whole 1 - 1½ hour roast/indirect medium heat [190 - 230°C] 4 cm cubes [or quarters] 1 cm slices 10 - 12 minutes grill/direct medium heat [200 - 230°C] 7 mm thick slices 10 - 12 minutes grill/direct medium heat [200 - 230°C] Pumpkin 4 cm cubes/wedges 30 - 45 minutes roast/indirect medium heat [190 - 230°C] Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat [190 - 230°C] Spring onion whole 3 - 4 minutes grill/direct medium heat [200 - 230°C]		1 cm	8 - 12 minutes grill/direct medium heat with a hotplate	(200 - 230°C)
Sausages 3 cm thick 8 - 12 minutes grill/direct medium heat [200 - 230°C] Potato, baby halved 30 - 40 minutes roast/indirect medium heat [190 - 230°C] whole 1 - 1½ hour roast/indirect medium heat [190 - 230°C] 4 cm cubes (or quarters) 45 mins - 1 hour roast/indirect medium heat [190 - 230°C] 1 cm slices 10 - 12 minutes grill/direct medium heat [200 - 230°C] Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat [200 - 230°C] Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat [190 - 230°C] Spring onion whole 3 - 4 minutes grill/direct medium heat [200 - 230°C]	Diametra and	Patties, 2 cm thick	8 - 12 minutes grill/direct medium heat 8 - 12 minutes grill/direct medium heat	(200 - 230°C)
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Potato quarters) 45 mins - 1 nour roast/indirect medium neat (190 - 230 °C) 1 cm slices 10 - 12 minutes grill/direct medium heat (200 - 230 °C) Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat (200 - 230 °C) 4 cm cubes/ wedges 30 - 45 minutes roast/indirect medium heat (190 - 230 °C) Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat (190 - 230 °C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230 °C)	Potato	whole	1 - 1 ¹ / ₄ hour roast/indirect medium heat	(190 - 230°C)
Pumpkin 7 mm thick slices 10 - 12 minutes grill/direct medium heat [200 - 230°C] 4 cm cubes/ wedges 30 - 45 minutes roast/indirect medium heat [190 - 230°C] Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat [190 - 230°C] Spring onion whole 3 - 4 minutes grill/direct medium heat [200 - 230°C]		1	45 mins - 1 hour roast/indirect medium heat	(190 - 230°C)
Pumpkin 4 cm cubes/ wedges 30 - 45 minutes roast/indirect medium heat [190 - 230°C] Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat [190 - 230°C] Spring onion whole 3 - 4 minutes grill/direct medium heat [200 - 230°C]		1 cm slices	10 - 12 minutes grill/direct medium heat	(200 - 230°C)
4 cm cubes/ wedges 30 - 45 minutes roast/indirect medium heat (190 - 230°C) Pumpkin, butternut halved 40 - 60 minutes roast/indirect medium heat (190 - 230°C) Spring onion whole 3 - 4 minutes grill/direct medium heat (200 - 230°C)	Pumpkin	7 mm thick slices	10 - 12 minutes grill/direct medium heat	(200 - 230°C)
Spring onion whole 3 - 4 minutes grill/direct medium heat [200 - 230°C]		4 cm cubes/ wedges	30 - 45 minutes roast/indirect medium heat	(190 - 230°C)
	Pumpkin, butternut	halved	40 - 60 minutes roast/indirect medium heat	(190 - 230°C)
Squash, yellow Halved 6 - 8 minutes grill/direct medium heat [200 - 230°C]	Spring onion	whole	3 - 4 minutes grill/direct medium heat	(200 - 230°C)
	Squash, yellow	Halved	6 - 8 minutes grill/direct medium heat	(200 - 230°C)

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VEGETABLES AND PLANT-BASED BARBECUING GUIDE



ТҮРЕ	THICKNESS/ WEIGHT	APPROXIMATE COOKING TIME	BBQ TEMP GUIDE
Sweet potato	whole	1 hour roast/indirect medium heat	(190 - 230°C)
	3 cm cubes	45 mins - 1 hour roast/indirect medium heat	(190 - 230°C)
	1 cm slices	12 - 15 minutes grill/direct medium heat	(200 - 230°C)
Tofu	2 cm slices	8 - 10 minutes grill/direct medium-high heat	(210 - 240°C)
Tomato	whole	8 - 10 minutes grill/direct medium heat	(200 - 230°C)
	halved	6 - 8 minutes grill/direct medium heat	(200 - 230°C)
Zucchini	1 cm slices	4-6 minutes grill/direct medium heat	(200 - 230°C)

